



# bioheart™

quick guide



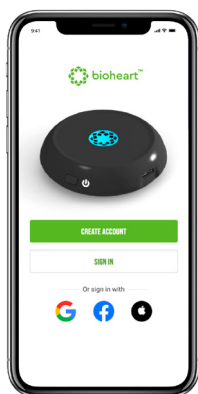
YOUR HEART

## SET-UP



### 1 DOWNLOAD

Download the Bioheart app on the App Store or Google Play store to get started.



### 2 GET STARTED

Create your account in the Bioheart app and verify your email to begin set-up and get connected.

### 3 CONNECT

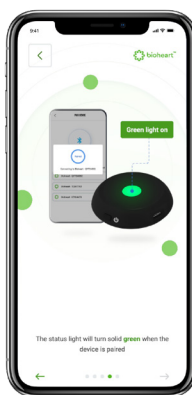
Follow the instructions in the Bioheart app to pair Bioheart with your phone.

#### PAIRING TIPS:

- Bioheart's center button will blink **PINK** when ready to pair.
- Your phone should be **ON** and have **Bluetooth enabled**.
- Bioheart's center button will blink **BLUE**<sup>1</sup> or **GREEN**<sup>2</sup> when paired successfully.

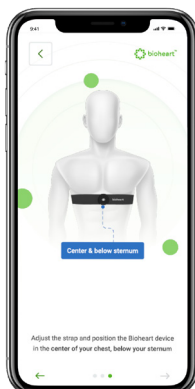
1. **BLUE** not wearing.

2. **GREEN** while wearing.



### 4 WEARING BIOHEART

To wear Bioheart, connect the snaps on the device to the strap and wrap it around your chest. Adjust the strap as needed.



The device should be at the front of the strap, centered above your abdomen and below your sternum.

#### POSITIONING TIPS:

- Power button should be facing down.
- Adjust the strap for a snug fit without creating discomfort to ensure a high-quality signal.

### 5 USING & RECORDING

Bioheart is continuously recording while you wear it. To take a snapshot recording for your rhythm diary, just push Bioheart's center button while wearing (*default snapshot length is 1 min*).

For a longer snapshot, open the app after pressing the button and adjust the duration to anywhere from 1 – 5 mins.

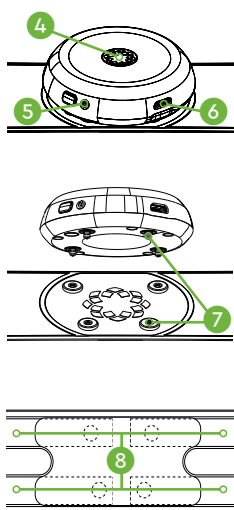
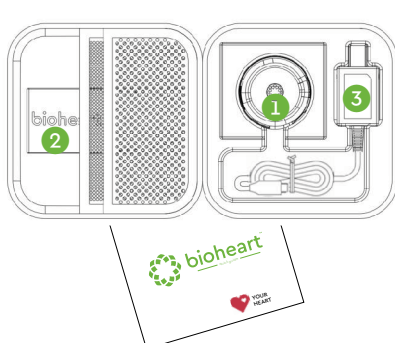
To view your live electrical heart rhythm, tap the 'Heart Rhythm' tab on the bottom of the app screen.

A clear signal will look like this .....





1. Bioheart Device
2. Strap
3. Bioheart Charger



4. Status Indicator Light
5. Power Button
6. Charging Port
7. 4 Snap Connections for device to strap
8. Strap Electrodes (reverse side of strap)

STATUS LIGHT GUIDE



STATUS LIGHT	INDICATOR	DESCRIPTIONS
Blinking Pink		Discovery mode; Ready for pairing with a new phone.
Slow Blinking Green		Recording heart rate and activity.
Blinking Blue		Bad strap contact or the device is not being worn.
Blinking Orange		Low battery.
Slow Blinking Orange		Charging.
Solid Green		Fully charged.
Fast Blinking Green		Powering ON or OFF.
Fast Blinking Pink		Factory reset; All user data will be deleted.
Solid Orange		Internal error(s).

SAFETY & SYMBOLS



SYMBOL	DEFINITION
	Direct current 5V dc 1 Amp.
	Bioheart is not defibrillator proof.
	Follow instructions for use!
	Keep dry! Bioheart is not waterproof.
	This is the FCC logo indicating compliance with the FCC rules for wireless devices.
	Power Button, Resume from Standby mode.

Bioheart name, logo, and tag lines are trademarks of Biotricity Inc. US and International Patents Pending. Bioheart does not require a prescription.

Bioheart does not diagnose, treat, or repair heart disease. Bioheart is not intended to be a diagnostic tool, or for clinical use, or clinical interpretation and is meant to be a lifestyle and wellness solution for individuals. You should consult your physician or other health care professional before starting this or any other fitness program to determine if it is right for your needs. This is particularly true if you (or your family) have a history of high blood pressure or heart disease, or if you have ever experienced chest pain when exercising or have experienced chest pain in the past month when not engaged in physical activity, smoke, have high cholesterol, are obese, or have a bone or joint problem that could be made worse by a change in physical activity. Do not start this fitness program if your physician or health care provider advises against it. If you experience faintness, dizziness, pain or shortness of breath at any time while exercising you should stop immediately.

Bioheart as described herein, and subsequent versions, may or may not be the same as advertised and may or may not differ in features and functionality. Any statements made in this user guide in relation to Bioheart, its features and functionality are based on design concepts that the company believe are achievable but the final product may be different.

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TROUBLESHOOTING



PROBLEM	SOLUTION
No Power	Check the battery power level and recharge the device.
Low Battery	Recharge the device.
Battery does not last the expected number of hours	Contact Biotricity Customer Service.
Noise artifacts on the heart rhythm signal	Ensure strap is securely attached to the user and that the device is securely connected to the strap via the 4 snap connections.
Noise artifacts on the heart rhythm signal	Disconnect charging device.
Any other errors	Contact Biotricity Customer Service.

SUPPORT



You can find more tips, tutorials, and troubleshooting in your Bioheart app under **PROFILE**.

For support and customer service, please contact: [support@bioheart.com](mailto:support@bioheart.com)

Need more help? [bioheart.com/support](http://bioheart.com/support)

1.800.590.4155



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